

## FC WE Player Development Objectives and Target Outcomes

Objectives	10 11	Target Outcomes	12 13	Target Outcomes
<b>Basic Ball Skills</b>				
Ball Mastery		very good use of the dominant foot; good to very good use of the non dominant foot		plus very good use of the non dominant foot
Striking a Ball		able to correctly strike a ball using inside, <sup>outside,</sup> and instep of dominant foot; decent ability to <sup>strike</sup> with the non dominant foot		plus very good ability to strike with the non dominant foot
Receiving		able to receive a ball with all parts of the foot as well as thigh, chest, and head; with a good quality first touch most of the time		plus a very good first touch in game situations (under pressure)
Dribbling		able to dribble comfortably using all parts of the foot with dominant and non-dominant foot		plus has some knowledge of “when” and “how” in game situations
<b>When In Possession</b>				
Fakes/Feints (to change direction/ beat defender)		able to execute various fakes/feints (ability to <sup>go</sup> right or left) and confident enough to attempt <sup>these</sup> in game situations		plus begins to recognize appropriate situations for dribbling
Ball Control and Shielding		able to (a) kill the ball and (b) direct the ball <sup>and</sup> able to execute (a) and (b) with both <sup>feet</sup>		plus with very high consistency and generally makes the right selection in game situations
Shooting at Goal		excellent ability with dominant foot; good to <sup>very</sup> good ability with non-dominant foot; and recognizes difference between power and accuracy.		plus with a high level of consistency in game situations;
Support/Checking (Losing Mark)		able to find space to receive a pass, and begins to check of a player to create space.		plus shows proper body position to receive a pass.
Passing <sup>(When, Where, How)</sup>		(a) short (b) long (c) to feet (d) into space and is able to execute all four types of passes; recognizes importance of the simple, early pass		plus shows some consistency in game situations; prepared to attempt on the first touch (one touch)
Combination Play (2 players)		able to execute wall pass and overlap with some success in game situations		plus with increased success and in two v two situations
Combination <sup>Play</sup> (3 players)				able to recognize and attempt combinations involving three players in game situations
Changing Positions				able to recognize and attempt the changing of positions in a game situations

Objectives	10 11	Expected Outcomes	12 13	Target Outcomes
When not in Possession				
Marking an Opponent		recognizes when to challenge a player and how to position themselves in 1v1 situations		same
Intercepting a Pass		able to position themselves to intercept the ball		plus is able to anticipate pass by reading body language of opponent passing the ball
Group Defending (2 Players)		able to provide pressure as first defender and cover as second defender		plus second defender provides appropriate information to first defender
Group <sup>Defending</sup> (3 Players or more)				able to provide pressure first defender, cover as second defender, and balance as third/fourth defender
Zonal Defending (Team)				basic understanding of zonal defending; to play "tight" or "squeeze"